

## BONE SCANS

### **What are they used for?**

Bone scans are used to identify fractures, infections, arthritis or metastatic bone disease by assessing bone metabolism. They can also be used to assess loosening or infections in painful prosthetic joints.

### **What is involved?**

There are two parts to a Bone Scan and a waiting period between. The first part typically takes 30 minutes and involves getting an injection of the radiotracer and on some occasions, you will be immediately imaged. The radiotracer injected into your arm will circulate throughout your body and be taken up in higher amounts in areas where they may be infections, fracture or lesions. To allow for this to happen, you will be asked to come back 2-3 hours after this first phase for a second lot of images which take up 30-45 minutes.

### **How should I prepare?**

Like all nuclear medicine scans at TeleMed, Bone Scans are bulk billed and so it is important that you bring your Medicare card with you on the day. There is no preparation for bone scans, however you are encouraged to drink plenty of water and empty your bladder before the scan.